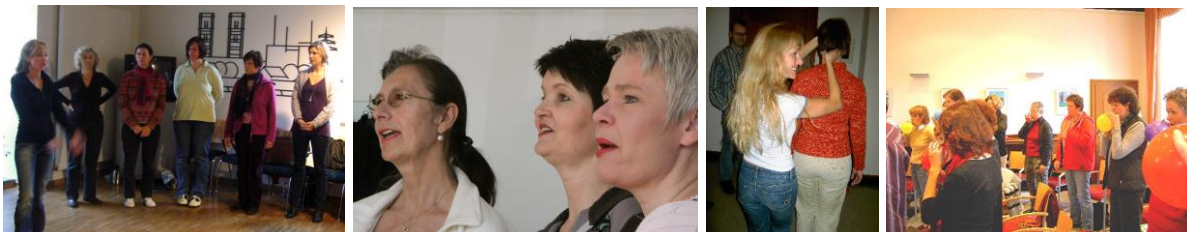


# Workshops for Choirs

- How does the choir achieve a homogeneous sound?
- Do the sopranos and tenors trust themselves in the high range?
- How is the intonation?
- Is it possible to improve the way we express the lyrics?
- How do we train the voice to sing pianissimo in the high range?
- How do we expand our low range without pushing?
- Is it possible to control the vibrato?



As an experienced singing teacher, choir conductor and soloist Gjertrud Lunde offers choir workshops where she teaches a universal singing technique that applies to genres such as classical, jazz or pop.



With creative and fun exercises and activities Gjertrud Lunde has inspired choirs nationally and internationally. Also the choir leaders have received new ideas and motivation for a further development of the choir.

## **Themes:**

### **1. Singing technique**

- a) **Correct breathing**
- b) **Support**
- c) **Posture**
- d) **Vocal resonance**
- e) **Relaxation / right energy**
- f) **Articulation**
- g) **Exercises for better intonation**

### **2. Vocal challenges in the choirs own repertoire**

- a) **Tips and advices for each voice group**
- b) **Special technical challenges**
- c) **Exercises in effortless learning by heart**

### **4. Stage presence**

- a) **Exercises to improve vocal expression, communication and presence**
- b) **Exercises to improve the self-confidence and presentation**
- c) **Exercises for improved body awareness**
- d) **Exercises for improved group awareness**

**Gjertrud Lunde** grew up in a musical family in Norway and had her first performances already at the age of four. During her studies at the conservatory in Stavanger (Norway), she won several singing competitions, prizes and scholarships. She post graduated in The Hague (Netherlands) in both classical singing and early music. Simultaneously she continued performing in different productions, festivals and concert tours throughout Europe and USA. She later developed her experience as a singing teacher and choir leader in different music schools, theatres, high schools and choirs as well as teaching privately. Gjertrud Lunde lives currently in Cologne where she works as a freelance singer, teaches, works with different choirs and gives workshops nationally and internationally.



**Mehr Information unter: [www.gjertrud-lunde.com](http://www.gjertrud-lunde.com)**

### **Kontakt:**

**Gjertrud Lunde  
Försterstrasse 14,  
50823 Köln  
Tel: 0049 (0) 221-2719156,  
E-Mail: [workshop@gjertrud-lunde.com](mailto:workshop@gjertrud-lunde.com)**